

FREE SELF DEFENSE

for teen women and
transyouth ages 12-19



Carolina Kroon

Combines physical & verbal
self-defense skills with
discussions on safety,
prevention, & violence
de-escalation.



5-WEEK COURSE meets
SATURDAYS, 12:00-2:00 PM
@ the YWCA, 30 Third Ave,
Brooklyn

October 15th - November 12th

Pre-registration required
Call or email CAE for more
information

eliminating racism
empowering women
ywca



CENTER FOR
ANTI-VIOLENCE
EDUCATION

(718) 788-1775 info@caeny.org www.caeny.org

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