

THE CENTER FOR ANTI-VIOLENCE EDUCATION
founded in 1974 • 327 Seventh Street, Park Slope, Brooklyn (at the corner of 5th Avenue)

Self-Defense for Girls

11-13 years old



This is a fun and non-competitive class for girls interested in learning practical self-defense skills and violence deescalation.

"I learned that I have power and I could better protect myself from violence and abuse, even though I used to think I was weak."

**Special two-session course meets on
Fridays, March 13th and 20th, 4:30-6:30pm**

This is a FREE class!

**Advance registration required. Contact us for information:
(718) 788-1775 | info@caeny.org | www.caeny.org**

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